



Vajra Ling Buddhist Centre Presents

Venerable Acharya Zasep Tulku Rinpoche

Tibetan Buddhist Master

The Venerable Acharya Zasep Tulku Rinpoche, a highly realized and internationally respected teacher of Gelugpa Buddhism, was born in Tibet in the province of Kham in 1948. Zasep Tulku Rinpoche was recognized as the 13th incarnation of Lama Konchog Tenzin of Zuru Monastery. In 1959, during the Chinese invasion, he escaped from Tibet and continued his education for sixteen years in India under the tutelage of many of the greatest teachers of Mahayana Buddhism.

Zasep Rinpoche has been coming to Rocky River and Armidale since 1993 to lead Buddhist retreats. Each time he has visited this area he has given public talks on Buddhism, which are becoming more and more popular. Rinpoche has nearly 30 years experience teaching Buddhism to western students in Canada, USA and Europe. He combines his deep understanding of the mind and how it works with humour and clarity.

PROGRAMME

All at Vajra Ling, Rocky River except where noted

FRIDAY MARCH 10th, 7pm: **Public talk on Karma**

At CWA Hall, Rusden St, Armidale. Karma is the law of cause and effect that governs the universe, and our karmic actions create all our suffering and happiness. By observing this natural law and being mindful of our actions of body, speech and mind, we can change for the better. An understanding of karma is the key to dealing with the present in a positive way, and in creating whatever future results one may wish to experience. [\$5 donation]

SATURDAY MARCH 11th, 2pm (Initiation): **Lama Je Tsong Khapa**

SUNDAY MARCH 12th 10am–5pm (Practice)

Je Tsongkhapa is considered a second Buddha, his teachings and explanations are very clear. He was said to be an emanation of Manjushri the Buddha of wisdom, whom he had direct contact with. Sunday: This practice brings one closer to the guru and increases wisdom and understanding. [\$60 for two days]

TUESDAY MARCH 14th, 7pm: **Dependent Origination**

(12 Links of Wheel of Life). These teachings show the way we go from life to life and the leverage point by which we can overcome our suffering and achieve ultimate happiness. [\$25]



WEDNESDAY MARCH 15th, 7pm: **Green Tara initiation**

Tara is the feminine essence of our own loving compassionate action that wants to help others across the ocean of suffering to the shore of happiness and bliss. Results of the Green Tara meditation can include quick thinking, generosity, fearlessness and spontaneity. [\$25]

THURSDAY MARCH 16th, 7pm: **Four Arm Chenresig initiation.**

Chenresig is within us because love and compassion are not qualities added to the mind. These qualities are part of the awakened state even if, for the moment, this state exists only as a potential for us. He is the visible expression taken by all the buddhas to help activate the love and compassion that are presently only a potential in us and to reveal the ultimate Chenresig to ourselves. [\$25]

FRIDAY MARCH 17th, 7pm (Initiation): **White Manjushri initiation**

SATURDAY MARCH 18th, 10am–5pm (Practice)

SUNDAY MARCH 19th, 10am–5pm (Practice)

The practice of White Manjushri is a wisdom practice that purifies the mind. It is considered to be very good for developing, improving, and preserving memory. Saturday and Sunday: Eight Mahayana Precepts and White Manjushri Sadhana practice. People can do this as a fasting retreat for both days or optional one meal per day. [\$100 for three days]



For more inquiries about Vajra Ling, bookings or accommodation please contact:

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